

# NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

Offering Support to  
Family Caregivers

## You Are A Caregiver

Many people providing care do not see themselves as caregivers. They may feel it's their responsibility to be helpful to someone as a partner or spouse, parent, a daughter or son, or even a friend. You are a caregiver if you provide personal care or transportation, pay bills, prepare food, or make medical appointments for someone else.

"There are only four kinds of people in the world: Those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers."

- Rosalynn Carter



CAREGIVERS |

**CALL**  
**1-800-994-9422**

Bureau of Aging



## What the Program Offers

The National Family Caregiver Support Program (NFCSP) supports family caregivers in the following ways:

- Caregiver information and assistance
- Caregiver counseling
- **Respite care** to allow caregivers to take breaks. This may include adult day center care, homemaker and companion services, or summer camp support for grandparents raising grandchildren
- Support groups
- Supplemental services such as, but not limited to: minor home modifications, personal emergency response device installation and maintenance, or incontinence supplies



## Who Is Eligible?

Funds are available for a variety of services to support family members and other unpaid caregivers caring for older adults; a grandchild, niece, or nephew; someone diagnosed with Alzheimer's disease and related dementias; or someone with a chronic illness or physical disability. It is important to note that funds are intended to be short term and the Care Manager assigned to you will guide you through the process. You have the ability to use agency-based caregivers or a private caregiver of your choice.



## How To Apply

It takes one phone call to get started. Call **1-800-994-9422** to be connected with your local Area Agency on Aging. A Care Manager will help you through the process and help develop a plan to give you time for yourself while ensuring that your loved one's needs are taken care of.

Scan this QR code  
to learn more

