

# CT STATEWIDE RESPITE CARE PROGRAM

Offering support to family caregivers of people with Alzheimer's disease and related dementias

## You Are A Caregiver

Many people providing care do not see themselves as caregivers. They may feel it's their responsibility to be helpful to someone as a partner or spouse, parent, a daughter or son, or even a friend. You are a caregiver if you provide personal care or transportation, pay bills, prepare food, or make medical appointments for someone else.

"There are only four kinds of people in the world: Those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers."

- Rosalynn Carter



**CAREGIVERS**

**CALL**  
**1-800-994-9422**

Bureau of Aging



## What the Program Offers

The respite program supports caregivers of people diagnosed with Alzheimer's disease and related dementias (ARD) by:

- Providing information
- Assisting with the development of a care plan that allows the caregiver time for themselves
- Connecting the individual diagnosed with ARD to short-term services while the caregiver takes a break

PLEASE NOTE: Funds are intended to be short term and the care manager assigned to you will guide you through the process.



## Who Is Eligible?

An informal/family caregiver of a Connecticut resident who has been diagnosed with ARD and meets other program criteria.



## How To Apply

It takes one phone call to get started. Call **1-800-994-9422** to be connected with your local Area Agency on Aging. A Care Manager will help you through the process and develop a plan to give you time for yourself while ensuring that you are taking care of your loved one's needs.

Scan this QR code  
to learn more

