

# You have a say in how and where you live.

Are you or a loved one currently living in a nursing home or other long-term care facility? Do you want a choice in how and where you live? Read on to find out how Connecticut's Money Follows the Person (MFP) can help.





# What is Money Follows the Person?

Money Follows the Person (MFP) is a program that helps Medicaid-eligible individuals currently living in long-term care facilities – such as nursing homes, hospitals, and other qualified institutions – successfully transition back into the community with services and supports.

# Who is eligible?

To participate in the program, you must be eligible for Medicaid and living in a long-term care or hospital setting for at least two months. You should have an interest in living in the community and be eligible for one of the community service packages.

#### How does it work?

Based on your individual needs, MFP provides the funds, services and supports you need for a successful transition into the community. In addition to returning to your own home, housing options may be available to those who qualify, these include individual apartments, assisted living and supported housing options. You will be assigned a care management team that will include a Specialized Case Manager, Transition Coordinator, and in some instances a Housing Coordinator. If you are found eligible, your Transition Coordinator will support you throughout the transition process, working with you and your care team on a one-on-one basis to develop a plan that's right for you.

# How does the money follow me?

The cost of your current nursing home care is the dollar limit for your services in the community. Your actual budget, however, will be determined by your needs. You do not automatically get the dollar limit if you don't need it. Note: MFP does not give money directly to you.

# What does the program pay for?

MFP pays for your care in the community as well as various expenses that come when a person moves into a more independent situation. Based on your circumstances and needs, you may be eligible to receive help with home modifications, rent and security deposits, along with one-time setup costs for a new apartment. What kind of support can I expect? Your Housing Coordinator will work with you and your care team to help find a place for you to live and identify service providers such as personal care attendants, nurses, physical therapists or home health aides in your community.

# How long does it take?

The first step of the process is the development of a transition plan. While the goal is to move as quickly as possible, each plan is based on individual needs, and therefore each timeline to transition is different. Your care management team will advise you on what to expect in your particular situation.

#### How much care can I receive?

Your care plan is dependent on your situation. The care management team will assess what level of care will help provide a safe and successful transition to the community. The assessment also looks at how many hours need to be covered in any given day.

# Do I have a say?

You are the most important person in the transition process. If you are happy in your current situation, you can choose to stay where you are. At each stage of the transition process, you have the choice of whether or not to continue.

#### How do I learn more?

This brochure is designed to provide a brief outline of the Money Follows the Person program. There are more details to think about in order to decide if it is right for you. To find out more, talk to your transition team. Or visit ctmfp.com.

# IMPORTANT CONTACT INFORMATION

As you move forward, here are important numbers and contact information you'll want to keep close at hand.

# **Questions?**

To learn more about who is eligible and how MFP works, call 1.888.99CTMFP (1.888.992.8637) toll-free.

# **Your Contact**

Name	
Phone	

For general information about a range of topics and community supports please visit www.MyPlaceCT.org



A publication of the Money Follows the Person Rebalancing Demonstration, Connecticut Department of Social Services. Funding provided by the U.S. Centers for Medicare & Medicaid Services and the State of Connecticut. In partnership with Independent Living Centers, Area Agencies on Aging, Connecticut Community Care, Department of Developmental Services, Department of Mental Health and Addiction Services, Department of Aging and Disability Services, Office of Policy and Management, UConn Health Center on Aging and the dedicated service providers for older adults and people with disabilities statewide.